



Presents:



**8<sup>th</sup> edition of international  
paracycling event: Handbike**



**Sunday 23<sup>rd</sup> september 2018**

Piazza Manzoni - 6900 Lugano  
**Switzerland**



# RULEBOOK

(This document is a translation of the Italian version. Please take this as a general guideline, only the Italian version is deemed authentic)

## Swiss stage of European Handbike Circuits – EHC



### Main Sponsor:

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## Sponsor:

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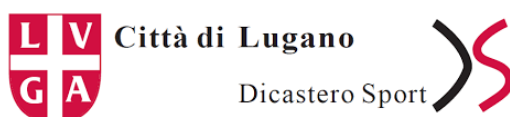
**GASTROTICINO & GASTROLUGANO**



## Partner:

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*Patronato*



## Event Manager:

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**evenTiamo**



## Organizing Committee:

### Eventiamo – Event Manager

President:	Walter Lisetto	+41 79 4138177
Vice President:	Carlo Regondi	
Logistic and security:	Thommy Ghielmetti	
Technical/Handbike:	Michele Vodola	

### Lugano Bike Emotion

Roberto Mazza  
Vanni Merzari  
Michele Nasi  
Flavio Rusca

## Jury Swiss Cycling:

President:	T.b.d.
Finish line:	Donata Rogantini
Bike check:	Alberto Urietti

The race is organized by Eventiamo and is subject to the regulations of the Swiss Cycling Federation and the technical provisions of the ECH.

**Security:** Polizia Città di Lugano

**Health Care Service:** Croce Verde Lugano

**Timing:** F.I. Cronometristri sez. VA



## Program:

### **Sunday, the 23<sup>rd</sup> of september 2018, Lugano, Switzerland**

In collaboration with the bicycle event "Bike Emotion" ([www.luganobe.ch](http://www.luganobe.ch)), the race is the 4th stage of European Hand Bike Circuit (EHC), organized by European Handcycling Federation ([www.ehf-ehc.eu](http://www.ehf-ehc.eu)), and the track is long about 3 km, beside the longlake and the center of Lugano. A map of the circuit is enclosed in this rulebook.

Due to the large number of participants, the race will be divided into two different contests lasting 60 minutes + 1 lap ("Criterium" race).

After 60 minutes of the race, when the absolute leader passes the finish line, the bell will ring to warn athletes of the beginning of the last lap. Once completed the last lap, all the athletes are required to stop and the race will end.

## **TIMETABLE:**

### Sunday 23 settembre 2018

8.00:	Route closed to traffic.
from 8.00 to 10.30:	License check, assignment of race number, delivery of bibs and chips at Liceao Lugano 1
8.15:	technical meeting in Piazza Manzoni with C.O., Swiss Cycling referees and Team managers
8.00 – 8.30:	track test cat. H1-H2-H3
8.30 – 9.30:	race start of the EHC race cat. H1-H2-H3
9.30 – 10.00:	track test cat. H4-H5 and Open
10.00 – 11.00:	race start of the EHC race cat. H4-H5 and Open
12.00	Route open to traffic
12.00	Award Cerimony and Pasta Party in Piazza Rezzonico



## Registration procedure:

Are eligible to take part in race all the athletes regularly affiliated to society recognized by national federations. Swiss citizen non-members can participate by requesting, on-site the day of competition, an UCI license to Swiss Cycling.

The standard registration fee for the RT Cup is chf 40,00 for athletes registered by the 31.08.2018. As from the 01.09.2018 the enrolment fee will be 50,00 chf. The entries deadline is on the 16.09.2018.

**Registration for the RT Cup Lugano can be done following the instructions found on the web site [www.luganobe.ch](http://www.luganobe.ch) or with this [LINK](#).**

The organizing committee may refuse any non-deemed appropriate inscriptions. With the registration the athlete declares to be physically fit in order to participate at the scheduled races.

For any further information write to [rt40hb@gmail.com](mailto:rt40hb@gmail.com) .

## Eligible categories and rankings:

At the end of the race the Jury will publish a ranking divided into the following categories:

H1 - H2 - H3 - H4 - H5 – Open male and female (M/W).

The race is valid as the 3rd event and 4th race of the European Handcycling Circuit (EHC). All participants will receive a microchip for the electronic timing that will determine the rankings (supply by Crono VA). Participants are obliged to return the chip after the race, otherwise the payment of the microchip (chf 25,00/Eur 25,00) will be required.

## Anti-doping rules:

The race is held under the Swiss Cycling rules and all the anti-doping regulations will be applied.

## Jury and liability:

In case of disputes or complaints about the behavior of athletes during the competition

or the award of prizes, the Organizing Committee will also count on a Jury designated by Swiss Cycling consists of 3 Commissioners chaired by a President who will coordinate with the Organizing Committee to ensure the smooth running of the event in accordance with this Regulation.

For safety reasons it is compulsory to use the color of the helmet corresponding to its category and the rear safety bar. It will be forbidden to exploit the wakes of opponents of different categories and/or escort vehicles on the race track.

Participants assume all responsibility for all risks arising from participating in the event,

thus releasing the Organizing Committee, the Partners and its expressly designated representatives, in case of falls, contacts with other athletes, spectators, vehicles or



other. The organization shall not be held responsible for any damage to persons or property which may occur before, during and/or after the event.

### Amendment of the program

If the Organizing Committee and the Jury experience special situations such as to undermine public order or safety, they may at any time decide:

- to change the track
- to change the duration of the race
- to change the categories or the starting time in the event of a large attendance of Athletes
- to change the timetable and the categories group
- to cancel part of the race

In case of a racing event that could lead to alter the regular execution of the race and/or the final ranking, each and every decision will be made by the Jury in agreement with the Organizing Committee

### Prizes:

All participants will receive a medal at the end of the race, while the winner of each category will get a cup. A race package will be delivered to all participants when getting the bib after registration at Liceo Lugano 1.

In addition, a cash prize will be given to the first 10 athletes among the categories for a total amount of:

in CHF	N. of starters in each division			
	<b>PLACE</b>	<b>1 to 5</b>	<b>6 to 15</b>	<b>16 to 25</b>
<b>1°</b>	90	170	220	220
<b>2°</b>	60	110	160	160
<b>3°</b>	30	60	130	130
<b>4°</b>		25	110	110
<b>5°</b>		25	80	80
<b>6°</b>			55	60
<b>7°</b>				60
<b>8°</b>				30
<b>9°</b>				25
<b>10°</b>				25

**TOTAL Prizemoney:** 10'800 CHF

All categories (male and female) will receive the same prize depending on the number of participants.

The awards ceremony will take place during the Pasta Party at the end of the race, from h 12.00 in Piazza Rezzonico



## **Special Prize "Clay Regazzoni":**

The competitor with the fastest lap will win a special cup in memory of Clay Regazzoni, the F1 champion.

## **Location, services and logistics**

Parking: reserved for handbikers at Liceo Lugano 1  
Bathrooms: at Liceo Lugano 1  
Changing rooms, showers: at Liceo Lugano 1  
Medical Service: Croce Verde di Lugano  
Radio Tour: on the track  
Award Ceremony, Pasta Party: Piazza Rezzonico

## **Track:**

about 3,130 Km, completely flat.



## **Hospitality:**

For further info about hospitality and reservations please contact:

## **ENTE TURISTICO DEL LUGANESE**

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